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OCTOBER 2026



*we groom thoughts*

**Nrityanjali®**

*The institute of performing arts, education, personality development,  
social & management services*

*Established in 1963*

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Parichay  
Mein  
Parichay



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Dear Readers,

Both globally and within Nriyjanjali. July to October often carry a special rhythm: festivals, cultural milestones, and organizational breakthroughs. For Nriyjanjali, it seems like a period to truly celebrate collective energy and pride.

Globally, Asian Games Glory: With a remarkable tally of 85 medals in Japan, India proudly secured 4th place, a testament to the grit and determination of our athletes. Heroism in the Skies: Captain Smith Machaar, with guts, courage, and presence of mind, saved the lives of 174 passengers aboard Fly Dubai Airways — a moment that made the nation proud and reminded us of the strength of the human spirit.

Nriyjanjali stands in solidarity with the larger narrative of India's pride and progress. The two **Maharashtra Chi Gaurav Gatha** shows portray the enthusiasm of artists and the tremendous support from Nriyjanjali well-wishers. Through this artistic lens, audiences were reminded of the visionaries who gave the people of Maharashtra and Mumbai new opportunities to lead better and more progressive lives. The media, too, acknowledged and promoted the shows, recognizing their originality and cultural significance.

The **Spandan project** of KGAF and the **Nriyja Parichay** project of NCPA have been running since July. The special addition is a session for the Blind and special needs students of Victoria Memorial School. We warmly appeal to all wellwishers and community members to associate with this noble cause of Initiatives in progress for entertainment programmes for senior citizens.

On the Educational front, career counselling for students and effective parenting are in progress till December. The upcoming and most awaited event **Nriyjanjali Fest 2026** – Inter School Competitions. Some schools have already conducted the Drawing and handwriting event for their students in large numbers since August 2026, and we anticipate participation in large numbers in various events by a greater number of schools.

Wishing you a very **Happy Diwali** — may the festival of lights bring joy, prosperity, and togetherness into your lives.

Geeta Chandrasekaran  
Editor-in-Chief

**Parichay Mein Parichay**  
**Life Membership (10 Yrs.)**

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We will read a brief reflection of  
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## ACCOLADES

**Audience Response  
for MAHARASHTRA CHI  
GAURAV GAATHA performance  
on 4<sup>th</sup> & 9<sup>th</sup> October 2026**

Dear Anonna ji,

Excellent programme.

**Shri Deepak Dalvi –**

President, BJP North -East Mumbai District

Dear **Dr Tushar Guha and  
Dr Anonna Ma'am,**

On Sunday, we had the golden opportunity to be in the "Maharashtrachi Gaurav Gaatha" programme. We thoroughly enjoyed the fully packed, flawless performance of Nrityanjali artists that depicted a Maharashtra culture and people who cultivated Maharashtra.

The program revealed the detailed study and herculean efforts put by you and the team to know Maharashtra so closely, and even more, is its highly effective presentation on a big canvas using lights, sound, dance and theatre.

Being Maharashtrians, few of the stories were unknown to us, even after being Maharashtrians and staying in Maharashtra.

All the dances, characters and corresponding artist selection was simply superb. You covered all ages on the stage capturing full diversity in topics as well as times.

Simple stage arrangement, that powerful leveraged the full capability of big digital screen and steps at the same made the show truly colourful and enjoyable. Koli song, Mi dolkar, in which male artists boating in the sea is a testimony of this.

The end of show with divine tone and encompassing entire crew was a true demonstration on a big family Nrityanjali with its divine selfless purpose for arts development.

We wholeheartedly thank you and congratulate all for this grand creation for which Maharashtra will be obliged forever.

**Mr. Hemant Narvekar**

Vice President & Head Manufacturing Low Voltage Switchgear  
India, ASEAN, African Region  
- Siemens Limited

**Dear Tushar Guha Sir,**

Maharashtra Chi Gaurav Gatha was absolutely amazing...It was my first theatre show experience and honestly it was such a wonderful experience...I loved everything the dances, the drama, the concept and the way the entire show was presented...

There were so many things about Maharashtra that I didn't know before so it was not only entertaining but also very informative...Everything was just so perfect about the show...It was truly a perfect show.

**Ms. Ashna Shaj**

Nrityanjali Intern and Student of Law

**नमस्कार, गिरीश-जी**

फारच सुंदर, सही रे सही.

आणि टिळकांचा गणपती फारच छान व  
कार्यक्रमाची सांगता हि पांडुरंगाच्या  
गजरात खरोखरच अप्रतिम,  
तसेच आपल्या पुढील वाटचालीसाठी  
शुभेच्छा.

**गिरीश देवरुखकर, प्रेक्षक**

प्रिय मानसी दामले,

महाराष्ट्राचा इतिहास आपला अभिमान आहे.  
महाराष्ट्राची संस्कृती आपली ओळख आहे,  
आपल्या महाराष्ट्राचे भविष्य घडवणे ही  
आपली जबाबदारी आहे !

या अप्रतीम "महाराष्ट्र ची गौरव गाथा"  
कार्यक्रमासाठी डॉ. तुषार गुहा यांच्या  
नृत्यांजली संस्थेचे आणि सर्व कलाकारांना  
माझ्या मनः पूर्वाक सुभेच्छा.

जय महाराष्ट्र, जय हिंद

**श्रीमती. कविता चौधरी गावंड**

जिल्हा अधिकारी, शिवसेना, डोंबिवली

**Dear Dr. Anonna Guha,**

Wonderful program lots of research,  
beautiful choreography, superb  
selection of songs ... everything was  
just superb.

**Mrs. Sangita Bhattacharya**

Ex Principal St. Joseph School, Wadala

**Dear Girish Sir,**

Sir I was there today for the show.  
A big Congrats, no words to praise it.  
It was fantabulous

Sir cannot be measured. He looked so  
divine as he is but the last end part  
brought goosebumps.

One special person I admired was  
Sangeeta madam. The dance where  
you and Balkrishna Sawant ji and  
Sangita ji in the centre... Oh my God,  
she was too graceful and stole the  
show in that dance. Please pass my  
compliment to her.

Thank you so much for everything.

**Mrs. Simmi Mohan**

Ex. Banker & Faculty member of Nrityanjali

**Dear Anonna ji,**

What a fabulous show. We really  
enjoyed it.

**Mrs Verma**

W/o Mr. Nikhil Verma, General Manager  
HPCL

**Dear Mr. Girish Dalvi,**

Lovely show. Really enjoyed myself.  
Flow was so seamless, 90 minutes  
whizzed past

The seniors of *Dosti Foundation and  
Manav Seva Sangh* that Vilas Sir,  
Principal of Little Angels School, Sion  
brought along - were extremely  
appreciative. Were praising everyone  
and the coordination dance costumes  
everything.

**Ms.Priya Mehta**

Head of Schools – Angels Education Trust

**Dear Anonna,**

Maharashtra Chi Gaurav Gatha is an  
outstanding production, fantastically  
staged. History researched in detail –  
perfect synchronisation.

As an artiste wish to share that it is  
extremely difficult to have a perfect  
flow without a flaw – perfectly co-  
ordinated with music, dance, acting, et  
all for a nonstop 90 minutes  
performance with almost 50 artistes.  
Outstanding – Congratulations.

**Kamalika Guha Thakurta**

Television Artiste

-----

**Dear Dr. Anonna Guha,**

We had a very good Dance Competition on 14th August 2026.

The Judges you sent from Nrityanjali Mr. Balkrishna Sawant and Ms. Parnika Talekar reached before time and they did a very good job. They were humble, friendly and flexible.

Thank you very much for the prompt response and arrangement of judges.

**Sister Shirley**, Principal  
St. Mary's Convent School, Mulund

**Dear Mr. Girish Dalvi,**

It was a pleasure to host Nrityanjali Team for the Nukkad Natak for Swachhata Pakhwada on 25th September 2026.

Your Team is so energetic and co-ordination is so good.

**Mr. Sachin Jadhav** (Senior Manager)  
Hindusthan Petroleum Corporation Ltd.

**Respected Anonna Madam and Team,**

This is with regards to the S.R.T.C programme conducted by Nrityanjali Management Services. Really you have elaborately explained how to come out from stress in work life and personal life. Overall, everyone has problems in their lives, but we have to live with smile. Regards,

**Mr. Pintu Roy**  
Branch Manager, Bank of Baroda

**Dear Ms. Maitri Khedkear,**

Thank you for inviting me. The programme was really awesome and eye pleasing. Hat's off to the entire team and wishing a great success.

**Ms. Manasi Athavale Narkhede**,  
Teacher - Lodha World School, Taloja

**Dear Dr Tushar Guha ji.**

It was a lovely Retirement Programme by Dr. Anonna Guha on 28<sup>th</sup> September at MDI, Nigdi, we greatly enjoyed. I could see glimpses of your style of discourse in her.

Both me and my wife very fondly recollected the Humsafar programme that you had conducted with so much vigour and intensity in Jim Corbett...and once again was privileged to hear the meditation song sung by you, brilliant!

**Mr. Sanjay Kumar Burman**  
Executive Director  
Hindusthan Petroleum Corporation Ltd

## LOOK OUT FOR:

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8 days course on  
**'Communication & Counseling'**  
(Personal & Career)

**Timings:**  
Saturdays – 7.30 AM to 9.30 AM  
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Course commences on  
**16<sup>th</sup> January 2027**

To enrol and know more  
about the course,  
please contact us on –  
97024 57535 (10 AM to 5 PM)

Or write to us at –  
nrityanjali1963@nrityanjali.org.in

## FOOT PRINTS...

*Nrityanjali News up to 17<sup>th</sup> Oct 2026*

**Nrityanjali Management Services** conducted the following programmes:

- On 1st August 2026, **Nrityanjali Management Services** conducted one day session on **Future Planning** as a part of **Retirement Programme** for the officials and spouses of **Hindustan Petroleum Corporation Ltd.** held at MDI, Nigdi.  
Dr. Anonna Guha and Mrs. Harsha Andan conducted the programme
- **Bank of Baroda** arranged Three hours Training on **S.R.T.C.-** Stress Management, Operational Resilience, Team Dynamics and Communication - for their Branch Managers on 18th August 2026. Dr. Anonna Guha and Mrs. Geeta Chandrasekaran conducted the programme.
- **Hindustan Petroleum Corporation Ltd** designed a special programme **HUMSAFAR** to honour the dedicated services of its employees during its Golden Jubilee Year 2024-2025.  
**Humsafar** covers the topics - **Harmony of Body, Mind and Soul, Yoga and Nutrition, Fitness, Creating and Managing Wealth and Family Orientation**  
**In the Third round of HUMSAFAR Programme** two sessions were held on 9th, 10th, 11th and 16th, 17th, 18th July 2026 in Khandala
- **Humsafar with Spouse** were held at Khandala as follows –  
On 6th, 7th, 8th August 2026 Dr. Tushar Guha, Dr. Anonna Guha, Mr. Girish Dalvi, Mrs. Geeta Chandrasekaran, Mr. Sudipta Sengupta, Mrs. Maitri Khedekar and Mrs. Harsha Andan conducted the programme.  
On 10th, 11th August 2026. The faculty members were - Dr. Tushar Guha, Dr. Anonna Guha, Mr. Girish Dalvi, Mrs. Geeta Chandrasekaran, Mrs. Vasanti Anand, and Ms. Parnika Talekar
- The **25th Humsafar programme without Spouse** was held at Khandala on 24th, 25th August 2026. The faculty members were - Dr. Tushar Guha, Dr. Anonna Guha, Mrs. Geeta Chandrasekaran, Mrs. Vasanti Anand and Mrs. Harsha Andan
- On 28th August 2026. Dr. Anonna Guha and Mrs. Maitri Khedekar conducted Three hours Training programme on **S.R.T.C.-** Stress Management, Operational Resilience, Team Dynamics and Communication - for the Branch Managers of **Bank of Baroda**
- Three hours Training programme on **S.R.T.C.-** Stress Management, Operational Resilience, Team Dynamics and Communication for the Branch Managers of **Bank of Baroda** was held on 9th September 2026. Dr. Anonna Guha and Mrs. Maitri Khedekar conducted the same.



## FOOT PRINTS...

*Nrityanjali News up to 17<sup>th</sup> Oct 2026*

- On 24th September 2026. Dr. Anonna Guha and Mrs. Harsha Andan conducted Three hours **Life Dynamics** Training programme for the Superannuation staff of **Mangalore Refinery Private Ltd, Mangalore**
- **Nrityanjali Management Services** conducted one day session on **Future Planning as a part of Retirement Programme** for the officials and spouses of **Hindustan Petroleum Corporation Ltd.** held at MDI, Nigdi on 28th September 2026  
Dr. Anonna Guha and Mrs. Harsha Andan conducted the programme
- Mr. Girish Dalvi and Mrs. Maitri Khedekar conducted full day session on **Personal Effectiveness and Productivity at RCF Ltd, Chembur** on 29th September 2026.
- On 3<sup>rd</sup> October 2026 Dr. Anonna Guha and Mrs. Maitri Khedekar conducted three hours training programme : **Calm Leadership** for the officers of **Bank of Baroda**.
- Nrityanjali Management Services Team commenced special training **Professional Quotient** (eight days three hours each) from 10th October 2026 for ten young lawyers of **SHS Legal Firm, Nariman Point Mumbai**. The **NMS Team** is headed by Dr. Tushar Guha with Dr. Anonna Guha, Mr. Girish Dalvi, Mrs. Maitri Khedekar and Mrs. Geeta Chandrasekaran.



***Nrityanjali Education Services*** conducted the following programmes:

- **Spoken English Classes** for Std. 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> continue under **Project Unnat Yuva** at **Guru Nanak English School, Bhandup** continues.



# FOOT PRINTS...

*Nrityanjali News up to 17<sup>th</sup> Oct 2026*

- **Life Skill Programmes** for students of Std 1st to Std 4th at **Bai Kabibai High School, Fort, Mumbai** continues for the Academic year 2026-2027
- Life Skill Programmes for Students at **Little Angel High School, Sion** continues.

## Workshop for Teachers

- Two Hours Workshop on Teacher Students Relations was conducted by Mr. Girish Dalvi on 4th August 2026 for the Teachers of **Bai Kabibai English School, Fort**

## OPEN FORUM FOR PRINCIPALS - INDIA (OFP)

**Effective Parenting Workshop** - Dr. Tushar Guha conducted **Effective Parenting** sessions for the following schools :

- On 7<sup>th</sup> October 2026, session for **Kidland English School (SSC), Kopar**
- On 12<sup>th</sup> October 2026, session for **The Blossoms S.T. English School (ICSE), Marine Lines**
- On 16<sup>th</sup> October 2026, session for **Sir J J Girls' High School (SSC), Fort.**



# FOOT PRINTS...

*Nrityanjali News up to 17<sup>th</sup> Oct 2026*

## HUMAN RESOURCE DEVELOPMENT

Regular HR Meet for the faculty members were held.

- The 16 days Special Personality Development Course Level (SPDC 1) Third Batch in 2026, commenced from 5th Septemehr 2026 and ended on 11th October 2026.
- The next Batch of 16 days Special Personality Development Course Level 1 (SPDC 1) will be held in February 2026.
- On 10th October 2026 **Dr. Shruti Bannerjee Shah** conducted three hours session on Artificial Intelligence for the faculty members and Counsellors of Nrityanjali.



Nrityanjali Faculty team with Dr. Shruti Banerjee Shah – CBO, Turacoz MNC.

## SOCIAL ACTIVITIES DIVISION

- Nrityanjali's Special Programme **Unnat Yuva** - Free training to students in Spoken English at **Guru Nanak School, Bhandup** continues for the current Academic Year 2026 – 2027.
- Regular Classes in Kathak Dance is being conducted by **Nrityanjali** under the auspices of Nritya Parichay programme of **National Centre for the Performing Arts - NCPA** at Saraswati Vidya Mandir - Bhandup and Vidyadeep Vidyalaya – Vikhroli. The students will perform at NCPA in March 2027.
- **Spandan** - the initiative of **Kala Ghoda Arts Association** - to promote performing arts continues for the second year. **Nrityanjali** and **Open Forum for Principals, India** continues to train school students of **St. Mary's Convent School - Mulund** and **MCGM School - Parel**.

From this year training in **Victoria School for the blind and autistic students, Tardeo** have also commenced. These students will perform at the Kala Ghoda Arts Festival 2027

# FOOT PRINTS...

*Nrityanjali News up to 20<sup>th</sup> July 2026*

**The 40th Nrityanjali Fest - Inter School Competitions commences from November 2026**

## **Nrityanjali Fest 2026 - Inter School Competitions Details**

### **Western Zone**

Saturday, **28th November** 2026 - St. Xavier's, Poonam Nagar, Andheri East  
(Drawing, Hand Writing, Essay, General Knowledge)

Saturday, **28th November** 2026 – BKS English School, Vasai  
(Drawing, Hand Writing, Essay, General Knowledge)

Sunday, **6th December** 2026 - St. Xavier's, Poonam Nagar, Andheri East

### **South Mumbai Zone**

Sunday, **29th November** 2026 at Bharda New English School, Fort

### **Central Zone**

Sunday, **13th December** 2026 - Tilak Nagar Vidyalaya, Dombivli  
(Drawing, HW, Essay, General Knowledge)

Sunday, **13th December** 2026 – Shri Indradeo Singh International School, Ghatkopar  
(E)

Sunday **20th December** 2026 - IDUBS School, Bhandup (W)

### **Navi Mumbai Zone**

Sunday, **3rd January** 2027 - St Lawrence School, Vashi

## **Fest Collection Dates**

**South Mumbai Zone** - Monday 23rd November 2026

- at New Bharda School (1 to 3 P.M.) & Nrityanjali (10 A.M. to 5 P.M.)

**Western Zone** - Tuesday 24th November 2026

- at St. Xavier's School, Poonam Nagar (1 to 3 P.M.) & Nrityanjali (10 A.M. to 5 P.M.)

**Central Zone-** - Wednesday 2nd December 2026

- at Tilak Vidyalaya, Dombivli (3 to 5 P.M.) & Nrityanjali (10 A.M. to 5 P.M.)

**Navi Mumbai Zone** - Monday 21st December 2026

- at St. Lawrence High School, Vashi (1 to 3 P.M.) & Nrityanjali (10 A.M. to 5 P.M.)

**PLEASE JOIN US TO VOUNTEER. TO CONFIRM,  
PLEASE CONTACT OUR OFFICE.**

# FOOT PRINTS...

*Nrityanjali News up to 17<sup>th</sup> Oct 2026*

## PROGRAMME DIVISION

- **402 Nrityanjali Members and Students** performed at the **64th Annual General Meet of Nrityanjali** at Maha Kavi Kalidas Natya Mandir, Mulund on 26th July 2026. Apart from Bharat Natyam, Kathak and Free Style dances, Sangeet students rendered soulful songs in Bengali, Hindi, Marathi and English languages. Sunday Class students presented **Dance Drama "SAGAR - the Advent of Shipping"** which was first performed in **1988 in the presence of then Prime Minister Mr. Rajiv Gandhi**. Our Classical Dance students presented Bharat Darshan highlighting different dance styles of South, North East, North and Western India  
Minicpal Councillor **Smt. Sakshi Dalvi** and BJP Zonal President **Shri Deepak Dalvi** graced the occasion
- Five member Nrityanjali Team visited **Switzerland and Germany** for a special cultural programme of Kathak, Bharat Natyam and Folk Dances of India in August 2026
- Twelve **Nrityanjali** artistes presented two **Nukkad Nataks** titled **HAMARI SOCH** for **Hindusthan Petroleum Corporation Ltd** on the occasion of **Swachha Bharat Pakhwada of Government of India** on 25th September 2026. One at **HPCL Refinery at Mahul** for **Petroleum Ministry, Government of India** and the other at **HP Petrol Pump Outlet, Turner Road junction, at Bandra (West)**.
- **Maharashtra chi Gaurav Gaatha** a ninety minutes Theatre Dance - Contributions of Thirty-One Leaders of Maharashtra drawn from all walks of life - - Social, Cultural, Educational, Political and Spiritual was staged on 4th October 2026 at Ravindra Natya Mandir. Prabhadevi and Acharya Pralhad Keshav Atre Rangmandir, Kalyan on 9th October 2026.



## FOOT PRINTS...

*Nrityanjali News up to 17 Oct 2026*

**Dr. Anonna Guha**  
was invited to Judge  
**Classical Dance**  
**Competition** by  
**Malhar Festival 2026**  
at St. Xaviers College,  
Mumbai  
on 14th August 2026  
- **Congratulations.**

**On 26th September 2026**  
**Mrs. Sangita Sawant**  
Was felicitated by Actress &  
Chairperson Mrs. Neelam Shirke  
Samant of the Balrang Bhoomi Parishad  
at the  
**Jallosh Lekkalecha 2026** event for  
conducting session on Maharashtra Folk  
& classical music.  
- **Congratulations.**



Vaidehi Damle  
The daughter of Nrityanjali Trustee and  
Special Educator - **Mrs. Nivedita Damle**  
**and Mr Ajay Damle**  
(Entrepreneur and Musician)  
has successfully completed her Bachelors  
in Physiotherapy from **The SIA College of**  
**Health Sciences**, College of Physiotherapy,  
Dombivli and is now  
**Dr. Vaidehi Damle (PT).**  
- **Congratulations**

**Mr. Balkrishna Sawant** and  
**Ms. Parnika Talekar**  
were invited as Judges for the  
**Folk Dance Competition**  
by St. Mary's Convent School, Mulund  
on 14th August 2026  
- **Congratulations.**

## LOOK OUT FOR:

### SARASWATI PUJA

celebrating **Basant Panchami**  
on **Thursday, 11<sup>th</sup> February 2027**  
at Nrityanjali, Bhandup

# Nrityanjali 64th Annual General Meet

## - a celebration on 26th July 2026

*Reflection by students of Nrityanjali's Bharatnatyam and Kathak classes.*

**Reflection by  
CA Neerja Paniker**

*An expression of a  
Bharatnatyam*

*student, a Chartered*

*Accountant and a*

*budding artist of*

*Sunday class who had*

*the privilege to be*

*the lead of an old and popular*

*Nrityanjali production – Sagar, an*

*advent of Shipping*



Every year, Nrityanjali celebrates its Annual General Meeting in the month of July. The significance of July runs deeper for Nrityanjali, because **19th July 1963 is the Foundation Day of Nrityanjali**, the day on which it was founded by our **Guru Dr. Tushar Guha Sir**.

The Nrityanjali AGM is one of the most surreal experiences of the year. It is not merely a programme or a festival; it is a celebration that brings the entire Nrityanjali family together. Students from every sphere of Nrityanjali come together whether they are students of dance, music, instruments, or the Sunday Classes. For me, that is what makes the AGM so special. It feels like a beautiful expression of unity, where all the Nrityanjalites come together as one family.

I have been a part of Nrityanjali since I was three years old. There have been breaks along the way because of studies and other commitments, but whenever I get the opportunity, I always find my way back to Nrityanjali and make it a point to be a part of the AGM.

The Nrityanjali AGM 2026 was particularly special for me, as it was

my first time participating not only as a Bharatanatyam student but also as a Sunday Class student. Sagar Dance gave me an opportunity to explore a different dimension of performance, one that challenged me not just as a dancer but also as an actor. For the first time, Dr. Tushar Guha Sir entrusted me with a lead role, and that, in itself, made this experience unforgettable.

Sagar Dance unfolds as a story of love between a man from a village and a mermaid. After the man is attacked by pirates and lies helpless, the mermaid emerges from the sea and offers him water. Their eyes meet, and a beautiful love story begins.

For this role, I had to understand the character, feel the emotions and translate them into expressions and gestures that the audience could connect with. Sir personally trained me for the role, guiding me through every detail, from the precision of the movements to the expressions required in each scene. He taught me how to portray the mermaid's shyness, her cheerfulness and the emotions she experiences when she encounters the lead actor.

Every expression had to feel natural, every movement had to be precise, and every scene had to flow seamlessly. It took numerous rehearsals to bring the character to life. I still remember how seriously I took Sir's guidance. I would return home and practice in front of the mirror, observing my expressions and correcting my movements. I listened to the music repeatedly, familiarizing myself with the tunes. I wanted to ensure that when I finally stepped onto

the stage, I could perform with confidence and give the role the justice it deserved.

I was equally fortunate to have Krishna Sir performing alongside me as the lead actor. His experience in dance dramas was invaluable. Despite being a senior performer, he took the time to help me understand the scenes, and practice. His patience and encouragement made a significant difference, and I am deeply grateful for his support.

When Dr. Tushar Guha Sir saw the potential in me and gave me this opportunity, it felt like a responsibility as much as a privilege. I wanted to live up to the faith he had placed in me. That belief became my motivation to work harder, push beyond my comfort zone and give my best to the performance.

One of my fondest memories remains when I was dressed in the mermaid's costume finally, for a moment, it felt as though I had truly transformed into the character. I had been working so hard to portray. After all the rehearsals and preparation, seeing the character come together visually made the experience even more magical.

When the performance finally took

appreciation we received for our scenes made all the hard work worthwhile. Yet, one moment that I will always cherish was the message I received from Dr. Tushar Guha Sir after the show, appreciating my performance and telling me that I had done a good job. Coming from someone who had entrusted me with the role and personally guided me throughout the process, those words meant a great deal to me.

Looking back, Sagar Dance was much more than a stage performance. It was an opportunity to discover a side of myself that I had not explored before. It taught me that while talent may give us a starting point, dedication, discipline, guidance and the willingness to learn are what help us grow.

Most importantly, it reminded me that sometimes, someone else's belief in our potential can help us discover what we are capable of achieving ourselves.

I am grateful to Dr. Tushar Guha Sir for trusting me with this opportunity, to Krishna Sir for his support on stage, Girish Sir, Annona Ma'am and Sangeeta Ma'am during rehearsals, and everyone who encouraged me throughout the journey. Sagar Dance will always remain special to me, not only because I played the lead role,



place, the audiences' applause and the

but because it was the first time, I was

challenged to step beyond the dancer I knew myself to be and discover the performer I could become.

We also had a beautiful Kathak presentation choreographed by Dr. Anonna Guha Ma'am. I had the opportunity to watch their final piece from the audience, and the closing was absolutely beautiful. Sitting there and witnessing the entire presentation unfold was a blissful and joyous experience.

As they do every year, my parents were there to watch me perform, but this year held a special surprise for them, my lead role as the mermaid in Sagar Dance, which they absolutely loved! I always look forward to hearing their observations after the AGM. One thing they consistently admire is how my Guru Smt. Sangita Sawant, who teaches Bharatanatyam to so many students, manages the enormous responsibility of teaching and guiding them all with such dedication,

rehearsals, the laughter backstage, the learning, the nervous moments, the joy of performing together, and most importantly, the feeling of belonging.

### Reflection by Ms. Virti Chheda

*An expression of our kathak student, Virti Chheda. A scholar, Ms. Virti Chheda is pursuing her studies in the field of Commerce.*

*A passionate artist, apart from dancing, Virti also plays cricket and engages into painting, and handmade gift articles, reflecting her enterprising and creative skills.*

*A quite child, today Virti is known for her talkative and questioning skills among her friends and seniors. She is also part of the Nukkad Natak troupe fo Nrityanjali*

*When I hear Nrityanjali, only one word*



discipline and grace. What is undoubtedly a mammoth task appearing almost effortless in her hands, reflecting her commitment to nurturing every student.

Looking back, what makes the Nrityanjali AGM so beautiful is not just the performances on stage. It is the people, the preparation, the

comes to my mind: "Versatility". Ranging from social service and educational services to Kathak, Bharatanatyam, folk, Western, and the soulful depth of music and vocals, Nrityanjali does it all. That makes every Nrityanjali AGM so unique and beautiful in its own way. The best part is that it gives every student a chance

to become bold and confident on stage, with early exposure to performances, discipline, and professionalism. Our AGM 2026 was, as always, mesmerizing and outstanding.

Some highlights for me were:

**Sagar** - Where our Guru Dr. Tushar Guha Sir himself was part of the performance. The story was depicted beautifully without words, only through expressions - it felt truly heavenly.

**Nrityero Tale Tale** - which I was proudly a part of, is an original composition of guru Dr. Tushar Guha Sir, performed by Guru Dr. Anonna Guha Ma'am and seniors of the Kathak class. A lady in the audience complimented our costumes, saying we looked as ethereal as "the Van Apsaras". The composition was so exquisite that performing it felt truly gratifying.



**Ghir Ghir** - had the most synchronised and flawless spins and taal I have ever witnessed. It felt absolutely divine.

Next was **Bharat Darshan** -, which felt like a tour of India's rich, diverse dance forms from every corner. Bhangra was full of energy, and the young dancers in the Manipuri piece were graceful and charming on stage. The entire act was well synchronised with perfect songs from each region.

The **Bollywood Semi-Classical** Dance by the special batch was profoundly thought-provoking and nostalgic. The songs ranged from our parents' era to ours, making everyone groove and enjoy thoroughly. It has definitely inspired many women to fulfil their incomplete childhood dreams. They looked confident and radiant as they danced.

The Bharatanatyam costumes were a delight to behold - so uniform and elegant that it was difficult to distinguish one dancer from another. The most remarkable part was when they enacted a range of human emotions with real-life examples, syncing gracefully with the music.

Being Gujarati, I could not fully understand the Bengali lyrics, but the music still touched my heart deeply. It was so serene and melodious that I could not help but sway along to it.

Nrityanjali never fails to remind us to cherish our culture. Having learnt so much during the process, the outcome was splendid. A heartfelt shoutout to the volunteers and management who made it flawless. "As a performer, compere, and audience member, I felt the Annual General Meeting was a resounding success".

## Maraharashtra Chi Gaurav Gatha on 4<sup>th</sup> and 9<sup>th</sup> Oct 2026



*Our two young dancers, artists, and active volunteers have shared their experience during the 'Maharashtra Chi Gaurav Gaatha' programmes held on 4<sup>th</sup> and 9<sup>th</sup> October 2026 at Ravindra Natya mandir, Prabhadevi and Acharya Pralhad Keshav Atre Rangmandir, Kalyan, respectively.*

*While **Vianca Damle** was performing on stage, **Ashnaa Shaj** was helping with the reception, backstage, and media bytes from audiences.*

**Vianca Damle**, a first-year Psychology student at S.K. Somaiya College, Somaiya Vidyavihar University is curious about understanding



people, their thoughts, emotions, and behaviour. She is keen to learning more about mental health. She learnt her basics of Bharatnatyam from her mother Mrs. Manasi damle who also happens to be the Permanent Executive Secretary of Nrityanjali, artist of Sunday Class and Vice Principal of Omkar Public School, Thakurli. From a young age Vianca enjoy being part of cultural activities and social service initiatives and is active Volunteer member of Nrityanjali.

Being a part of **Maharashtra Chi Gaurav Gatha** was a really beautiful experience for me. It was my first time

performing in the show, but I had watched it when it first happened, and I remember being so mesmerised by the entire performance. Ever since then, I had wanted to be a part of it, so getting this opportunity was really special.

I really loved the concept of the dance drama. I feel like it's such a beautiful way of introducing Gen Z to our culture, history, and traditions. Even I got to learn so much through this experience, and it made me appreciate our culture even more. The way everything was presented through dance and drama made learning about our history so interesting.

I also really enjoyed the practice sessions. Everyone was so dedicated and excited to perform, and it was nice seeing everyone put in their efforts to make the show come together. Apart from practising, we got to bond, have fun, and make so many memories. I feel like these moments behind the

scenes are just as special as the final performance.

I'm really thankful to Dr. Tushar Guha Sir and Nrityanjali for giving me the opportunity to be a part of such a wonderful production. Going from watching the show and admiring it to actually performing in it was such a nice feeling. I genuinely loved the entire experience, and I'm really glad I got to be a part of it!



**Ashnaa Shaj** - First year Law student of Vivekanand College, Chembur and an intern with Nrityanjali; Ashnaa began her association as a kathak student. She was then identified by

her teacher Dr. Anonna Guha ji to participate as artist of the Swachhata Pakhwada Nukkad Natak held this year.

As a teenager she enjoys drawing and reading novels and mystery series.

The journey of Maharashtra Chi Gaurav Gatha began long before the curtains were even opened. Every artist, dancer and team member worked hard to ensure that everything went smoothly. Behind the curtains, as the artists got ready in their costumes and makeup, it felt as the characters from Maharashtra's glorious history had come alive. There was a beautiful sense of anticipation as MCGG was

prepared to present the rich culture, history, sacrifice of brave leaders and celebrate the pride of Maharashtra.

When MCGG finally began, all the hard work transformed into a memorable experience. The stage came alive with vibrant performances, beautiful music and the spirit of Maharashtra. Watching the audience connect with the performances and witnessing the energy backstage made the entire experience special. Every scene represented the bravery, traditions, achievements, sacrifices made for our Maharashtra.

After the program completed, the feeling was a beautiful mixture of happiness, pride and nostalgia. Seeing the audience appreciate the efforts made every rehearsal and every moment of hard work worthwhile. The experience gave us not only wonderful memories and taught us about our history, our culture. Maharashtra Chi Gaurav Gatha was more than just a show; it was an opportunity to celebrate our roots, honour our heritage and feel proud of being part of Maharashtra's glorious story. The memories and emotions from this journey will always remain close to my heart.



## KAVI SAMMELAN

*Celebrating the 'Swachhata Pakhwada' since 2023 has allowed us to grow creatively. This year we introduced Kavi Sammelan as one of the activities to be conducted with the employees of Bharat Petroleum Corporation Limited (BPCL). The event was held at their Sewri plant and at Kharghar corporate office where while we rendered the poetries, we also encouraged the employees to express their love towards nature through their own choice of poems.*

*Sharing below are some of the couplets and poems, of renowned poets, we, the Nrityanjali artists, rendered during the Sammelan. The Sammelan was linguistically diverse but conveyed the common message – **love and duty towards**. We introduced it through Gujarati, Marathi, Hindi, and Malyalam languages.*



**Poet: Rajendra K. Shah**

વૃક્ષોની છાયામાં શાંતિ મળે  
અપાર, પંખીઓનો કલરવ કરે મનડું  
ધ્યા.આ ધરતીની સુંદરતા છે  
અનોખી, ચાલો કરીએ પ્રકૃતિનો ઉપકાર.

Under the shade of trees, there is  
endless peace, The chirping of birds  
makes the heart fall in love.  
The beauty of this earth is truly unique,  
Let us protect and demonstrate our  
THANKS to Mother nature.

पेड़ों की छाँव में सुकून का बसेरा है,  
पक्षियों का मधुर स्वर प्रकृति का सवेरा  
है।  
धरती माँ का अनुपम सौंदर्य अमूल्य

उपहार है,

आओ, उनकी रक्षा कर दर्शाइए कृतज्ञ  
भारा आभार।

**Akashe Meghe**

રૂદ્ર-જેમન આલો-છાયાર આનાગોના,  
તેમની આમાર માથાર નાનાન ખેચાલ  
ચાચ આર આસે।  
મનર હિદ્દ લિખિલિામ,  
સાતર દિયે પદ્મા તુલતે જાચિલિામ,  
આપન હાતેર ડેઉ  
પાચે પદ્મ કેવલિ સોરે યાચે...

(Roudre—jemon alo-chayar anagona,  
temni aamar mathar nanan kheyal jay r  
ase.

*mone pore likhechilum,  
satar diye padma tulte jacchilum,  
apn hater dheu lege padma keboli sore  
jacche...)*

जैसे आसमान में बादल और धूप के बीच  
रोशनी और परछाई का खेल चलता रहता  
है, वैसे ही मेरे मन में भी तरह-तरह के  
विचार आते-जाते रहते हैं।

मुझे याद है कि मैंने लिखा था कि मैं  
कमल तोड़ने के लिए तैर रहा था, लेकिन  
मेरे ही हाथों से उठने वाली लहरें उस  
फूल को और दूर धकेलती जा रही थीं...

**Poet: Sugathakumari**

നിനക്കായി ഒരു ചെറിയ  
മണ്ണിൽ ഒരു പച്ച മരം ഞാൻ  
നാദം അതുവളർന്നു പൂവും  
കയ്ക്കും അതിന്റെ  
നിഴലിൽ കിളി പാടും...

*(Ninakkayi oru cheriya mannil Oru  
pacha maram njan nadam Athu  
valarnthu poovum kaykkum Athinte  
nizhalil kili paadum...)*

For you, in a small patch of soil, will  
plant a green tree, it will grow, bloom,  
and bear fruit, in its shade, the bird will  
sing...

तेरे लिए एक छोटा-सा पेड़ लगाऊँगा, जो  
फूल और मीठे फल लाएगा। ठंडी छाँव में  
उसकी पंछी मीठे गीत गाएँगे, हरी-भरी  
धरती को और सुंदर बनाएँगे।

Two of the poetries were recreated,  
inspired by the format and essence of  
famous poetries written by legendry

poets like Shri Harivash Rai Bachchan  
ji and Smt. Mahadevi Varma.

## सुंदरता की मधुशाला

रूप-रंग का प्याला क्षणभंगुर, आज भरा  
कल रीता है,  
किंतु सत्य का जो रस पीता, वह युग-  
युग तक जीता है।  
बाह्य चमक की नश्वर मदिरा, मत  
मानस को बहकाए,  
सच्ची सुंदरता तो वह है, जो अंतर में  
मुस्काए।

तन का आभूषण मिट्टी है, मन का  
आभूषण पावन,  
सफ़ सफ़ाई अंतर्मन की, रच देती जीवन  
सावन।  
मत ढूँढो तुम जग के मेले में केवल सुंदर  
काया,  
सच्चाई की राह अनूठी, बाकी सब तो है  
माया।

Inspired from **Madhushala,**  
of **Shri Harivansh Rai Bachchan**

## अंतस की आभा

यह रूप नहीं, रज का कण है, जो क्षण  
भर को चमकीला है,  
पर मन की जो निश्छल सफ़ी है, वह  
दीपशिखा का जीवन है।  
आँखों के काजल में मत ढूँढो, तुम उस  
असीम की छवि पावन,  
जो सत्य-कर्म की छाया में, बहता  
अविरल बन कर सावन।

बाहर के झूठे दर्पण में, केवल परछाईं  
 दिखती है,  
 अंतर्मन की निर्मलता में ही, वह अमर  
 कहानी लिखती है।  
 सुंदरता तो वह मूक वेदना, जो जग का  
 दुख हर लेती है,  
 सच्चाई के पावन पथ पर, जो सर्वस्व  
 समर्पण देती है।

Inspired from **Chhayavaad,**  
 Of **Smt. Mahadevi Verma**

**The Sammelan ended with a small  
 'Food for Thought' through these  
 poetic lines –**

पड़ोसी रमेश बोले, "भाई, ये कैसा  
 पखवाड़ा है?  
 घर तो साफ़ है अपना, पर बाहर कचरे  
 का अंबारा है!"  
 झाड़ू लेकर रोज सड़क पर आते हैं हमारे

नेताजी,  
 फोटो खिंचवा कर चले गए,  
 तो बोले, "हो गया कामकाज जी!"  
 गाड़ी वाला आया घर से, कचरा बाहर  
 फेंक दिया,  
 बोले, "मैडम, हमने तो काम अपना नेक  
 किया!"  
 पड़ोसियों की बाल्टी तो, सोसाइटी में ही  
 छलकती है,  
 क्या बताऊँ, हमारी कॉलोनी में कैसी गंगा  
 बहती है!  
 स्वच्छता पखवाड़े का असल मज़ा तो तब  
 आए,  
 जब घर के बाहर का डब्बा भी मुस्कराए!  
 चलो, दिल से करें सफाई और कचरे को  
 भगाएँ,  
 वरना जुर्माना भरकर, जब हम ही खाली  
 पाएँ!



## स्वच्छ भारत अभियान, एक अनुभव

Written by **Mr. Balkrishna Sawant**

Senior member and leading artist of Nrityanjali, Mr. Balkrishna Sawant is an active social worker and an integral member of the **Swaccha Bharat Abhiyaan**. Mr. Balkrishna Sawant has been promoting cleanliness drive under Nrityanjali banner since 2018 as an artist through roadshows and dance.

This year during the Swaccha Bara Abhiyaan conducted from **1 to 15 July 2026**, he was also promoting the message through various workshops conducted in schools. Some workshops were about helping students realise their responsibility and role towards cleanliness and some workshops focused on teaching students 'Best out of Waste'.

Additionally, Balkrishna Sawant is a graduate in Sociology, a certified Fashion Designer and a trained Makeup artist. The article is a self reflection of the experiences he had this year during the celebration.



हर साल की तरह इस साल भी नृत्यांजली संस्था अपना महत्वपूर्ण योगदान देश की सेवा में हर साल माननीय श्री मोदी जी द्वारा शुरू किए गए स्वच्छता अभियान में देने जा रही थी। हर वर्ष की तरह इस वर्ष भी मैं भी इस अभियान का हिस्सा होनेवाला था। हर वर्ष की तरह नाटक, प्रभात फेरी और नुक्कड़ नाटकों के छात्रों तथा विशेष शिक्षण के स्वयं के साथ आसपास के परिसर की स्वच्छता का जागरण किया जाने वाला था।

हर साल की तरह हमारी संस्था के संस्थापक डॉ. तुषार गुहा सर, डॉ. अनोन्ना गुहा मैडम और गिरिश दलवी सर के द्वारा मार्गदर्शन हो रहा था। मैं काफी सालों से नृत्यांजली का सदस्य हूँ और आदरणीय डॉ. तुषार गुहा सर के मार्गदर्शन से कला तथा अपने भौतिक जीवन में भी आगे बढ़ा हूँ। और इसके कारण मैं एक अच्छा कलाकार तथा एक अच्छा शिक्षक बनने की कोशिश कर रहा हूँ। नृत्यांजली में मेरा सहवास भी हमेशा सक्रिय रहा है। और शायद इसी कारण से हर वर्ष मैं भी इस अभियान का हिस्सा बनता हूँ।

नुक्कड़ नाटक तथा प्रभात फेरी के माध्यम से आम जनता में जाकर स्वच्छता के बारे में जागरूकता फैलाने का काम होता है। और इस अभियान के पुष्टीकरण के लिए मुझे नृत्यांजली के ऑफिस से हमेशा कॉल आता है। मैं भी पूरी उत्साह से इसमें भाग लेता हूँ।

पर इस बार मुझे जब नृत्यांजली के ऑफिस से कॉल आया तब मुझे कुछ नाटक और प्रभात फेरी के लिए नहीं पूछा गया था। बल्कि इसमें होने वाले स्वच्छता अभियान के वर्कशॉप के लिए भी पूछा गया था। वैसे तो मैं काफी सालों से पाठशाला में जाकर कला के माध्यम से सीखाता आया हूँ और मुझे इसका अनुभव भी अच्छा-खासा है। पर स्वच्छता जैसे विषयों पर सीखाना मेरे लिए नया था। मैंने इस वर्कशॉप के लिए हामी भरी और मुझे मैत्री मॅडम ने वेस्ट सेग्रीगेशन और वेस्ट टू आर्ट ये दो विषयों को रेडी करने के लिये कहा हर साल जो भी इसमें अपना योगदान देते हैं उन सभी फैकल्टी के साथ पूर्वतयारी के लिए मीटिंग रखी जाती है और इन विषयों को लेकर मार्गदर्शन किया जाता

है।

वेस्ट टू आर्ट में हमें प्लास्टिक की खाली बोतलों को पिगी बैंक यानी पैसे का गुल्लक बनाना सीखना था। यह विषय आर्ट को लेकर था तो इस लिए मेरी दिलचस्पी इसमें अच्छी थी और ये कैसे बनाना है, यह मैं जल्दी सीख गया था। पर जो दूसरा विषय था, वो वेस्ट सेग्रीगेशन, उसके लिए मुझे बहुत तैयारी भी करनी थी। थोड़ा टेंशन भी था क्योंकि जो संदेश देना था, वो स्कूल में जाकर बच्चों को सिखाना था। हालांकि मीटिंग में इस विषय के ऊपर बहुत अच्छे से बताया गया कि कैसे लेना है ये वर्कशॉप और इसमें बच्चों को क्या-क्या बताना है। पर तब मेरे कम सुनने की वजह से मैं अच्छे से नहीं समझ पाया था। पर ये परेशानी कैसे हल होगी, इसका उपाय भी मेरे पास था और वो थी हमारी मैत्री मैडम। मैंने उनको कॉल किया और उनसे इस विषय के बारे में पूछा। उन्होंने मुझे बहुत ही अच्छे तरीके से और मीटिंग में बताए गए पॉइंट्स को फिर से बताया, जिसकी वजह से मुझे बहुत आसानी हुई।

अगला पड़ाव था स्कूल में जाना और सिखाना। मेरे ट्रेवलिंग को ध्यान में रखते हुए डॉ. अनोन्ना मैडम ने मुझे कहा कि आप जहाँ रहते हैं, वहाँ अगर कोई स्कूल आपके पहचान के हों, उनसे बात करके वहाँ आप ये वर्कशॉप करो। जिसके कारण मेरा ट्रेवलिंग का तनाव कम हुआ और फिर आगे सबसे बड़ा मुद्दा था स्कूल को पूछकर टाइम लेना।

मैंने कल्याण ईस्ट के स्कूल के प्रिंसिपल को

पूछा और नृत्यंजली से स्कूल के नाम लेटर भी दिया। छत्रपति शिक्षण मंडल प्राथमिक विद्यालय, काटेमानिवली, कल्याण पूर्व के स्कूल की प्रिंसिपल ज्योत्सना पाटिल मैडम ने हाँ बोला और जुलाई महीने के ४ तारीख शनिवार को वर्कशॉप आयोजित करने के लिए कहा। मैंने इस बारे में ऑफिस में सूचित किया जो जो आवश्यक सामान लगने वाला था वो मुझे पहले ही दिया गया। मैत्री मैडम ने मुझे कुल मिलाकर ८ वर्कशॉप इस स्कूल में लेने के लिए कहा। जिसमें तिसरी और चौथी कक्षा के विद्यार्थियों के लिए वेस्ट टू आर्ट के ६ वर्कशॉप लेने थे। पाँचवी और छठी कक्षा के लिए वेस्ट सेग्रीगेशन के विषय वाले वर्कशॉप लेने थे। यह हर एक वर्कशॉप आधे घंटे का होनेवाला था।

हर एक वर्कशॉप में विद्यार्थियों को सिखाते समय फोटो लेना था। हर एक वर्कशॉप में स्वच्छ भारत मिशन का बी.पी. सी.एल. का नाम और उनका प्रतीक चिन्ह था उसे हर एक वर्कशॉप में लेना था। ये सब काम वहाँ तक सीमित नहीं बल्कि इसके साथ स्वच्छता की प्रतिज्ञा भी हर एक वर्कशॉप में लेनी थी। जिओ टैग वाले कैमरे से चार और मोबाइल में दो ऐसे फोटो लेने थे। मेरे लिये ये सब पहली बार था और इतने कम समय में यह कैसे होगा यह तनाव भी था। और फिर मैंने मेरी मदद के लिए मेरी भांजी जान्हवी जो फिलहाल अपनी पढ़ाई न्यूरो सायकॉलॉजी में कर रही थी, उसे कॉल करके बुलाया।

मेरी सब तैयारी हो गई थी। पर उसी सप्ताह



लगातार भारी वर्षा हो रही थी। ये अच्छी बात कि तो मे ट्रैवलिंग के लिये निश्चित था। पर शुक्रवार की रात को ही मुझे स्कूल के प्रिंसिपल मैडम का कॉल आया और उन्होंने कहा कि बारिश के कारण हमारी स्कूल को छुट्टी दी गई है। मैं थोड़ा तनाव में था वह दूर हुआ और साथ ही साथ मैंने इतनी सब योजनाएँ बनाई थी, तैयारी हो गई थी, वो अब नहीं होगा इसका दुख भी हुआ। इस बात को मैंने नृत्यांजली ऑफिस में मैत्री मैडम को भी बताया। पर सबसे खुशी की बात हुई कि वह पहली बार स्कूल की इस तरह की तैयारी

की गई थी। और इस बात को मैंने नृत्यांजली के ऑफिस में मैडम को बताया।

ये तो रद्द हुआ था पर आने वाले सप्ताह में हम सब टीम को नुक्कड़ नाटक बीपीसीएल के ऑफिस सायन मुंबई, शिवड़ी, खारघर में करना था। और जो पूरी उत्साह और भरपूर यश के साथ पूरा हुआ था। यह सप्ताह खत्म होने वाला था और मैत्री मैडम ने मुझे फिर से पूछा कि आप स्कूल में वर्कशॉप लेनेवाले थे क्या आने वाले शनिवार को लेंगे? मैंने उनको स्कूल की प्रिंसिपल मैडम ज्योत्सना पाटिल जी को पूछकर बताता हूँ ऐसे बोला! मुझे लगा नहीं था कि ये अब हो पाएगा और स्कूल भी मना करेगा। पर फिर भी मैंने स्कूल के प्रिंसिपल मैडम को कॉल किया और उन्होंने बहुत ही सकारात्मकता से आने वाले शनिवार यानी कि 11 जुलाई के दिन आने के लिए कहा। मैंने फिर से जान्हवी को मदद की गुहार लगाई और उसने भी आने का विश्वास मुझे दिया। मैंने जान्हवी को सब समझाया कैसे और क्या क्या होता और उसे किस वक्त फोटो खींचने हैं। और वो दिन भी आया जिसके लिए मैंने पहली बार इतनी सारी तैयारियाँ की थीं।

शनिवार को सुबह जल्दी उठकर वर्कशॉप में लगने वाले जरूरी सामान के साथ मैं जान्हवी को लेकर स्कूल पहुँचा। स्कूल के शिक्षक भी मेरा इंतजार कर रहे थे। बहुत ही प्यार से वहाँ के शिक्षक और कर्मचारियों ने मेरा और जान्हवी का वेलकम किया। और फिर स्कूल के हॉल में जाकर मुझे दिया हुआ स्वच्छता अभियान का बैनर दीवार पर लगाया। और सबसे पहले तिसरी कक्षा के

विद्यार्थी उनके शिक्षकों के साथ हॉल में आए और उनके साथ वर्कशॉप शुरू हुआ।

नृत्यांजली की पूर्व वरती मीटिंग ने हाला की यह बताया गया था की क्या करना है और कितनी भागदौड़ होती है। सिखाते समय मैंने वो दबाव मेहसूस भी किया। पर एक अच्छे प्लैनिंग की वजह से मेरे ये वर्कशॉप अच्छे से आगे बढ़ रहे थे। सब बच्चे उत्साह के साथ सिख भी रहे थे। हालाकी मुझे वेस्ट टू आर्ट वाले वर्कशॉप में बच्चों को स्वच्छता की प्रतिज्ञा और पिगी बैंक बनाना सिखाना था, पर मैंने उसके साथ सिखाते सिखाते स्वच्छता अभियान क्यों जरूरी है वो भी बताया। समय समय पर मेरे फोटो भी अँप्स से निकाल कर google ड्राईव्ह पर अपलोड हो रहे थे। मेरे ६ वर्कशॉप्स बहुत अच्छे-से मॅनेज हुए थे। अगला पाड़ाव था वेस्ट सिग्रीगेशन का, जो की बड़े पाँचवी और छठी कक्षा के लिए था।

जिंदगी में गंदगी न फैलाने की कोशिश तो की थी पर मे जो वर्कशॉप में बोल रहा था उससे मुझे भी दूसरों को भी हम इसकी जानकारी देकर कैसे स्वच्छ भारत मिशन

बना सकते हैं वह समझ में आया। सभी शिक्षक भी ध्यान देकर यह वर्कशॉप सुन रहे थे। मैत्री मॅडम ने मुझे एक बात बताई थी वो तो मैंने सभी के साथ जरूर शेअर की और ये थी की हम छोटे छोटे प्लास्टिक वाले चॉकलेट के तुकड़े यहाँ वहाँ फेंकते हैं और एक छोटा-सा तुकड़ा भी हमारे लिए क्या परेशानी कर सकता है यह बताया। सब यह सुनकर अच्छे से रिस्पॉन्स भी दे रहे थे और फिर मेरे यह वर्कशॉप्स खतम हुए। आखिर मैं स्कूल की प्रिन्सिपल मॅडम जोशना पाटील जिने आकर नृत्यांजली के कार्यक्रम और मेरी सुबह से चल रही भागदौड़ को अपने शब्दों से सराहा और स्कूल की तरफ से नृत्यांजली को शुभेच्छा तथा धन्यवाद एक पत्र भी दिया। मुझे स्कूल से निकलते निकलते साढ़े तीन बज गये थे। दिमाग, शरीर और दिल सब थक गए थे पर नृत्यांजली की टीम और सर के मार्गदर्शन की वजह से ये सब अच्छे से हुआ, इस बात की खुशी मुझे बहुत थी। इस स्वच्छता अभियान की सेवा में मेरा दिल से शुक्रिया जिनोन्हे मुझे आज यह प्रेरणा दी, विश्वास दिया और मेरा साथ भी दिया।

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## 'Maharashtrachi Gaurav Gatha' brings 31 icons of the state to life through dance and theatre

**By Indira Bhat**

**Mumbai:** Celebrating the rich legacy, values and contributions of Maharashtra's eminent personalities, Nityanjali Performing Arts Academy is set to present 'Maharashtrachi Gaurav Gatha', a grand 90-minute theatrical dance production showcasing the lives and achievements of 31 celebrated figures from the state.

Directed and scripted by Dr. Tarun Gaba, the production will be staged on October 4 at 11:30 am at Ravindra Natya Mandir, Poshikar, and on October 9 at 7:30 pm at Acharya Pralhad Keshav Apte Rangmandir, Kalyan.

The performance pays tribute to personalities from diverse fields, including philosophy, politics, education, art, culture and social service, whose work shaped Maharashtra's identity and earned recognition beyond the state. The personalities featured in the production represent a timeline spanning from 1813 to 2022.

"Every society evolves through the efforts, thoughts and actions of individuals who have the courage to bring change. Their contributions, ideas and contributions become the foundation of a country's progress," said Dr. Tarun Gaba, Director of Nityanjali Performing Arts Academy.

He added, "It is impossible to present the journey of every great personality on one stage, so Maharashtra's history is filled with countless inspiring figures. However, we have made a sincere effort to showcase 31 such icons and introduce their contributions to audiences."

The production combines classical and contemporary dance forms with theatre and storytelling, creating a visual narrative that highlights the cultural spirit of Maharashtra. Presented in Marathi, Hindi and partly English, the show aims to connect with audiences across linguistic backgrounds.

Dr. Gaba said the project involved extensive research over a year, carried out along with Gaurav Gatha, Nivedita Datta, Sangeeta Sawant and Tanuja Sawant. "Our aim was not only to entertain but also to inspire audiences by reviving the remarkable journeys of those who contributed to Maharashtra's progress," he said.

Through music, movement and dramatic storytelling, 'Maharashtrachi Gaurav Gatha' seeks to celebrate the state's heritage while inspiring its younger generation.



## Creating classrooms Where Every Child Belongs

Book Authored by **Dr. Revathi Srinivasan**

**Revathi Srinivasan** is the Director of the Singhania Schools, steering the educational journey of over 40,000 students across diverse urban and rural landscapes. A visionary institution builder and founder of 11 schools, she is also the Chief Mentor for the EdTech platform Quest+ and Singhania Shaping Therapies.

An award-winning educator, Revathi is renowned for integrating global pedagogical innovations into Indian classrooms while anchoring learning deeply in cultural identity. By challenging traditional conventions, she continues to redefine classroom frameworks—transforming everyday school experiences into extraordinary learning journeys.



Dr. Revathi Srinivasan is also the Co-ordinator - India of Open Forum for Principals, India, an initiative of Nrityanjali, founded by Dr. Tushar Guha. A sort after educationist she humbly and actively contributes to the benefit of the education fraternity and open Forum for Principals in such forum that has always encouraging the same. Her association with our Founder, Chairman - Dr. Tushar Guha and Nrityanjali's educational initiatives has been for over 2 decades. She is also the Committee member, since 2023, of Nrityanjali Fest - Inter School competition, actively sharing ideas and topics that we decide for our Drawing, Essay, Debate, Elocution and Fancy-Dress competitions.

Recently she authored the book 'Creating Classrooms, where every child belongs' reflects her journey and observation and an

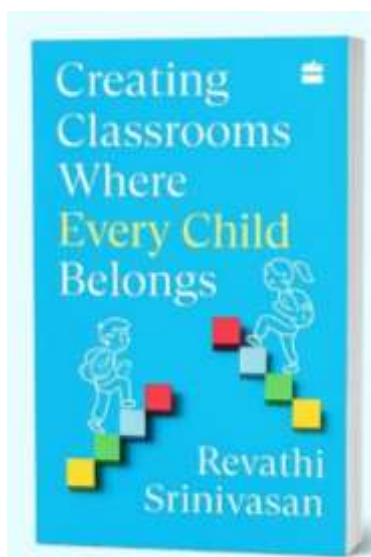
urge to provide students an environment that allows them to grow, innovate and explore. We are sharing here with a brief summary of the book for your read.

Change begins when you show up—even for one child, through one meaningful conversation.

A thirteen-year-old boy from a village overcomes social bullying in the big city and becomes the first in his family to pass Class 10.

A kindergartener with cerebral palsy joins a new school with no road map to support her, but blossoms in her new environment and sets the system on the path of transformation.

These real-life stories of students who have journeyed from exclusion to inclusion against all odds reveal one simple truth: Only when individuals are seen, heard and valued do they achieve their true potential.



Written with deep insight by award-winning educator Revathi Srinivasan, *Creating Classrooms Where Every Child Belongs* is about radical inclusion.

Rooted in the powerful belief that belonging is the foundation of becoming, it reimagines leadership, learning and human connection through the eyes of the most overlooked thought leaders of all-children, who, with their unfiltered honesty and instinctive curiosity,

challenge norms, expose biases and spark breakthroughs.

Timely and thought-provoking, this book invites teachers, parents and change makers to re-evaluate how cohesive, empathetic and innovative spaces can be created, starting in classrooms and radiating out into the world.



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**Dr. Tushar Guha**  
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NEXT BATCH IS SCHEDULED IN **FEBRUARY 2027.**

Individuals interested can reach out to us on [nriyanyjali@nriyanyjali.org.in](mailto:nriyanyjali@nriyanyjali.org.in) or call us on 9702457535

## Understanding Neurodiversity

### A Journey Toward Inclusive Growth

Written by – **Mrs. Nivedita Chatterji**

Mrs. Nivedita Chatterji is an SPDC 1 & 2 Alumni. She is an HR Professional. MBA from Mumbai University and PGCHRM from XLRI. She has worked with Sandoz, Pfizer, Cipla, and Teva.

Mrs. Nivedita Chatterji loves to read, write, cook, and teach children. Recently she completed the Special Education programme, specializing in Intellectual Disability and now pursuing her Master's in the same.



Navigating the world of neurodiversity—specifically Autism Spectrum Disorder (ASD) and ADHD—requires a shift in perspective. It isn't about "fixing" a condition, but rather about building a collaborative bridge between different ways of experiencing the world.

#### The Emotional Journey: From Denial to Sharing

Acceptance is a process, not an event. For families and caregivers, the journey often begins with **Denial**, moves toward **Acceptance**, and eventually blossoms into **Sharing**. This final stage is crucial; it's where experiences are turned into advocacy and community support.

#### Impact on Life's Four Pillars

Neurodivergence isn't confined to a single "symptom." It influences four major areas of a person's life:

- **Physical:** Sensory sensitivities and motor coordination.
- **Emotional:** Managing intensity of feelings and self-regulation.
- **Academic:** Learning styles that may not align with traditional schooling.

- **Occupational:** Navigating workplace social hierarchies and environments.

#### The Power of Early Observation

Early intervention is most effective when it is **collaborative**. By observing a child's patterns early on, we can construct a communication format that works for them, rather than forcing them to adopt a "normal" format that feels unnatural.

#### Customizing Support: IEP and ASD

Because every individual is unique, support must be bespoke. An **Individual Education Plan (IEP)** is drawn based on where an individual sits on the Autism Spectrum and the intensity of their specific needs.

#### Key Definitions:

- **ASD (Autism Spectrum Disorder):** A spectrum reflecting unique characteristics, strong memory, and high attention to detail.
- **ADHD (Attention Deficit Hyperactivity Disorder):** Often characterized by challenges with focus, impulsivity, and high energy levels.

#### Strengths and Communication Challenges

Differently-abled individuals often possess remarkable traits:

- **Honest Expression:** A refreshingly direct way of communicating.
- **Hyper-focus:** Deep involvement and expertise in specific areas of interest.
- **The Challenge:** The primary struggle is often not the disability itself, but the pressure to fit into "normal" social and communication formats.

### Tools for Development and Expression

We can foster cognitive and language skills through creative, low-pressure methods:

- **Gamified Testing:** Use "Find the Difference," "I Spy," or "Memory Games" to assess and sharpen focus.
- **Labelling:** A practice of associating words with physical items and actions to boost language development.
- **Active Senses:** Exploring sight, sound, touch, and smell to improve social skills and cognitive growth.
- **Anger Management:** Since verbalizing frustration can be hard, use alternative channels like **letter writing, journaling, drawing, or doodling**.

### Socialization and Community

We should encourage socialization among various differently-abled groups. These interactions often create a **mutually supportive environment**



where individuals understand one another's challenges instinctively, allowing them to explore alternative communication styles without judgment.

### A Call to the "Normal" Community

The burden of change should not rest solely on the shoulders of the neurodivergent. To create a truly inclusive society, "normal" (neurotypical) individuals must work on their own:

- **Awkwardness:** Moving past the fear of saying the "wrong" thing.
- **Hesitancy:** Being proactive in inclusion rather than waiting on the side-lines.
- **Embarrassment:** Recognizing that different behaviours are not "scenes" to be ashamed of, but simply different ways of existing.

By embracing neurodiversity, we don't just help others—we enrich our own understanding of what it means to be human.

## From Diploma to Heritage: My Direct Second Year Journey at Elphinstone

Written by **Mr. Solomon Tharakan**, a Second year Bsc IT Student at Elphinstone College and an Intern at Nriyanjali. As active and enthusiastic volunteer, Solomon has completed SPDC Level 1.

*The article is his personal journey of settling himself into a new environment and meeting new peers since he has joined the second year of the programme, as he already has completed his diploma programme in Computer Engineering.*



Going from my computer science diploma at Bhagubhai to Elphinstone College was rather like stepping onto a train that was already travelling at full speed. Since I entered directly as a second-year student, I had to skip the orientation and go straight into Semester 3.

On my first day, when I was underneath those huge, old arches, the thing that worried me most was not the academic work at all, it was the social gap. Everybody else already had their regular routines, inside jokes and fixed groups of friends. I did not know a single person when I arrived.

The hesitation I had at the beginning turned out to be shorter than I expected. When the classes started, the professors established a very reassuring atmosphere by maintaining a professional attitude and at the same time helping us DSY newcomers catch up without making us feel like outsiders. Even more noticeable was the openness shown by my classmates; rather than staying confined to their previous groups, they got in touch with one another, exchanged notes and assisted us in working out the daily schedule. Together with the extensive history of the campus the lofty ceilings, the quiet corridors and the vintage buildings it all

had a solid and encouraging atmosphere.

The fact that you enter laterally also requires you to change your mindset from the beginning. You have to develop a certain degree of independence quickly.

When you are getting used to the way the faculty works and at the same time have to keep up with the syllabus, you soon find that you need to take responsibility for your own learning. If you want to stay ahead of the curve, relying on additional online resources, documentation, and self-study materials together with the lectures becomes natural.

At the moment when Semester 3 finals are about to take place, the initial sensation of being an outsider has entirely vanished. There is no real difference any longer between the original students and those who have transferred to the school we are all now sitting together, going through the various units and preparing for the exams as a single group. If you look back on it, it did seem quite intimidating at first to join in the middle of the process, but the students and the school made it feel like home much sooner than I had anticipated.

## Rhymes & Verses

### The Autum Trees ...

Decade ago, they sowed the seed  
Of maple, oak and hickories  
indeed

Soon they grew into a plant  
Of green, orange, purple I chant

With me the plants grew into trees  
Soon, away from home, I flee

The trees were gone, except the  
maple  
I asked mum with the face dull



The hickories were cut for building  
roads  
Due to rains the oaks erode

Stood there a maple tree; with a  
strong bark  
With one leaf to the branch as a  
mark

Weeks passed, the leaf was still  
One day, the wind blow chill

The last leaf came down  
And with that the tree was now  
unknown

Written by **Ms. Navinya Morje**

*Ms. Navinya Morje is graduate in English Literature and has successfully completed her SPDC Level 1.*

*She is a regular student of Vocal class with Nrityanjali.*



*Navinya has pursued her passion of story writing and creative expressions through her profession of Digital promotions and content development.*

### Unspoken Feelings

I smiled, but cried inside,  
With so much pain I had to hide.

Some feelings are hard to explain,  
Some memories quietly remain.

I felt lost, I felt alone,  
Carrying feelings of my own

All I wished for at that time,  
Was a little peace in my mind.

Written by **Ms. Ojal Joshi**

*A young and confident teenager, Ms. Ojal Joshi enjoys expressing herself through passion - dance. She has successfully completed her SPDC Level 1 with Nrityanjali.*



*Ms. Ojal Joshi aspires to pursue her career as a skillful and professional dancer.*

## RECIPE

The four recipes are contributed by **Mrs. Diksha Bhat** and **Mrs. Rutuja Narvekar**, active members of the Nriyjanjali faculty team.

### The two GSB **Konkani Recipes** are contributed by our Mrs. Diksha Bhat

Mrs. Diksha Bhat a former corporate HR professional is a faculty with Nriyjanjali for life skills and dance initiatives for schools.



An enthusiastic person, Diksha Bhat likes to explore every opportunity provided by Nriyjanjali. Hence, we see her actively involved in Nriyjanjali's every event – training, dance, music, street plays, and social service.

## SURNOLI



### Ingredients:

- 2 cup Raw rice / dosa rice
- 1 tsp fenugreek (methi) seeds
- 1 cup flattened rice flakes (thick poha)
- 1 cup grated fresh coconut
- 1 or 1/2 cup grated jaggery
- 1/2 tsp turmeric powder
- 1/2 cup Curd / Buttermilk
- Salt as per taste.
- Water as required.
- Oil or Ghee.

### Preparation:

- 1) Wash and soak 2 cup rice and 1tsp methi for 6 hours. Later, drain the water.
- 2) Wash 1cup Poha soaked for 30 min then drain the water.
- 3) Transfer them into a blender or mixer jar
- 4) Add grated Coconut, 1 cup in Rice after removing water then add washed poha, add jaggery (per sweetness), 1/2 tsp turmeric powder, 1/2 cup Curd / Buttermilk and then water as required and grind it smooth batter.
- 5) Then transfer in vessel. Mix it nicely for 2-3 minutes. Perfect consistency it should be thick. Cover and keep it in a place for fermentation at least (7-8 hours) Rest overnight.
- 6) After 7 hours fermented batter gently mix the batter Nicely fermented, soft, and airy – perfect for making dosa. Take out the excess batter in another bowl.
- 7) Add salt to taste adjust consistency with water if needed to the required batter only. Give it a good mix. The batter should be slightly thick but pourable. Heat dosa tawa/pan – medium high heat.
- 8) Grease oil pour a ladleful batter on Tava slightly thick batter.
- 9) Later reduce the heat to low to high Cover and cook for 2 minutes on medium heat.
- 10) Once bubbles form and the surface of the dosa looks cooked, remove it. No need to flip.

Soft, Spongy, and delicious Surnoli  
Dosa ready to **to be served**.

## KAKADI HULER / TAVSHE SASAM



### Ingredients:

- 1.5 Cups grated Coconut
- 1or 2 roasted Red Chillie
- Small piece of Tamarind
- 3/4th Tsp Raw Mustard seeds
- 1 cup water & 2 Tsp Oil
- 2 Cucumber
- Salt
- 2 Green chillies
- Small Ginger
- Mustard Seeds
- Few Curry Leaves.

### Preparation:

1. Take Mixer and put 1.5 cup grated coconut, Roasted Red chillies, Tamarind,
2. Raw mustard seeds and one cup water together and grind it. Pour the ground masala in one bowl.
3. Peel and Chop into small pieces cucumber in a bowl, put salt and add to it
4. ground masala prepared earlier. Then add 2 green chillies, & small ginger finely chopped.
5. Now prepare Tadka in a pan heat 2tsp Oil, ½ tsp Mustard seeds, once mustard seeds splutter add Curry Leaves add this tadka to Cucumber and masala mixture.
6. Close the lid for few seconds. Then mix all ingredients well.

Tavshe Sasam is ready to eat!

The two **Goan dishes** given below are contributed by **Mrs. Rutuja Narvekar**.

Mrs. Narvekar comes from a business family background and is a homemaker. An active member, she is one of the strong pillars actively involved in Nriyanjali's social initiatives, including Unnat Yuva project.



## KHATKHATE



### Ingredients:

- 1 bowl Fresh grated coconut,
- 2 raw Bananas, Elephant foot yam (Suran), Red pumpkin, sweet potatoes,
- 2 Drumsticks, Potatoes, Green peas, Tomatoes, Sweet corn. Small pieces of all above items in size one small bowl each.
- 1/4 cup jaggery.

### For Gravy:

- 4,5 Red Bedgi chillies,
- 1 tsp coriander seeds,
- one inch piece of tamarind,
- one pinch of turmeric and
- 4-5 Triphala seeds used in Konkani Sea food recipes to enhance the taste,
- Oil 2-3 tbsp

**For tempering (tadka)** - use Mustard (Rai), Asafoetida (Hing) and two green

chillies cut into pieces, one pinch of turmeric.

### Preparation:

1. Take one big utensil so that all vegetables can be stirred properly.
2. For tempering, pour 2-3 tablespoon oil with low gas flame, add Mustard seeds, Asafoetida, green chillies, turmeric and stir for a minute.
3. Add all above vegetables pieces, pour water till the all pieces are immersed.
4. Cover with a lid on top and allow vegetables to cook on low to medium flame for 10 minutes or till cooked fully.
5. Open the lid and check the cooking of vegetables by piercing with a fork or knife for soft entry.
6. In the meantime, prepare gravy in mixer jar by adding freshly grated coconut, Red Bedgi chillies, Coriander seeds, Tamarind, Triphala seeds and appropriate water to make thin paste by grinding.
7. After cooking of vegetables well, add the above mixture, jaggery and salt to taste.
8. Mix gently and allow the whole mixture to cook further till boil on a medium flame.

Thus, a delicious dish with all tastes such as sour, sweet, spicy is ready. Best to serve hot it with Roti, chapati or Rice.

## रवा नारळ लाडू



हे लाडू मऊसूत असल्यामुळे वृद्धांपासून लहान मुलांपर्यंत खाण्यास सोयीचे पडतात आणि आवडतातही.

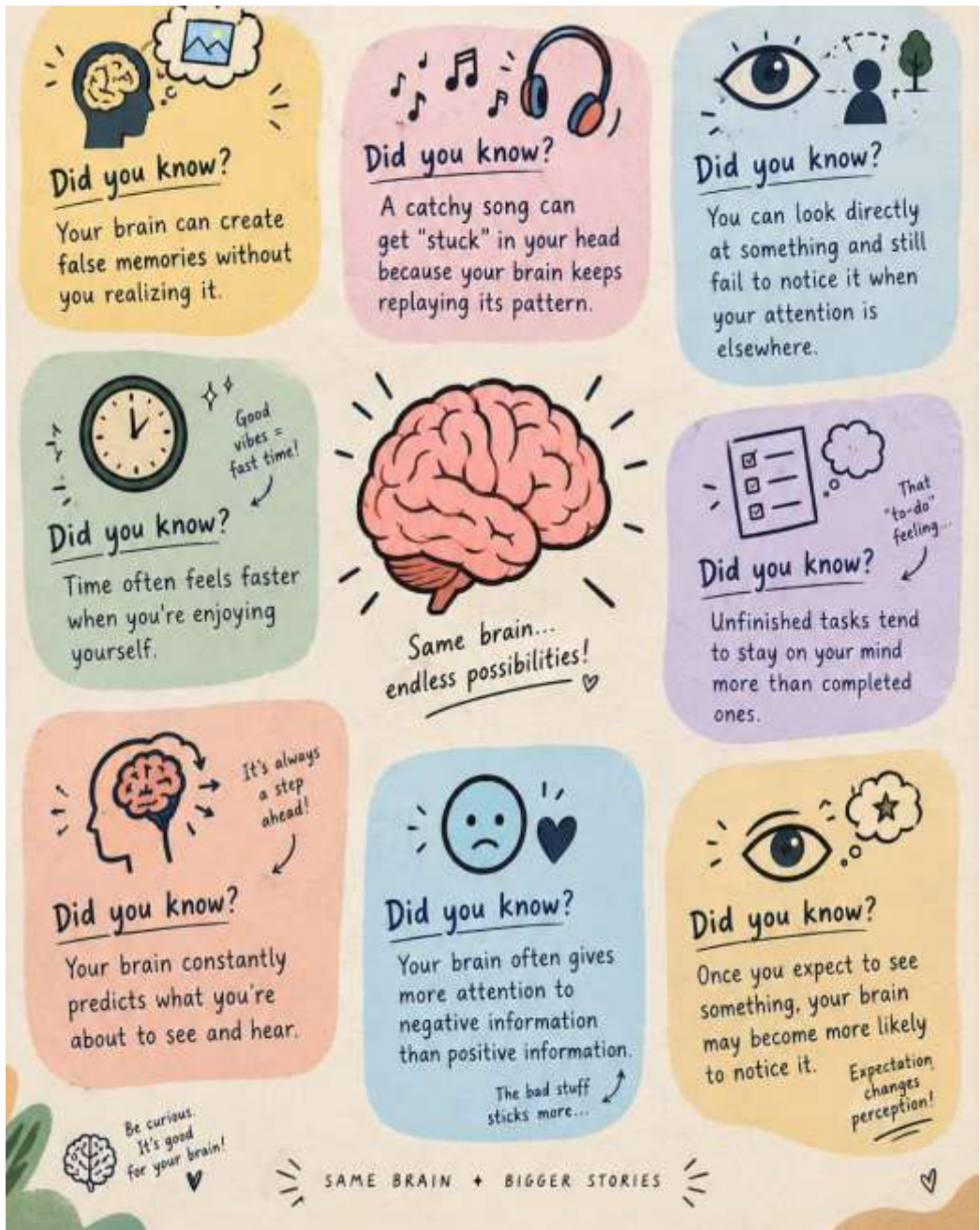
### साहित्य:

- २ वाट्या भरून रवा,
- दिड वाटी साखर,
- एक नारळ खवलेला,
- एक वाटी साजूक तुप,
- वेलची पावडर,
- बेदाणे, चारोळी

### कृती:

- कढई मध्ये तुप घालून रवा मंद आचेवर गुलाबी रंगावर खमंग भाजावा.
- रवा भाजून होत आला की त्यात नारळाचा चव घालून थोडे भाजून, मिश्रण खाली उतरवावे.
- मिश्रणात वेलची, बेदाणे आणि चारोळी घालावी.
- दीड वाटी साखरेत पाऊण वाटी पाणी घालून पाक तयार करावा.
- एकतारी पाक झाला की, तो पाक सर्व मिश्रणावर घालावा. मधुन मधुन ढवळत रहावे.
- हळूहळू मिश्रण घट्ट होऊ लागेल.
- ३-४ तासांनी मिश्रण लाडू वळण्याजोगे होईल.
- हाताला थोडेसे तुप लाऊन मध्यम आकाराचे लाडू वळावेत. या प्रमाणात अंदाजे अठरा ते वीस लाडू होतात.

# Did You Know



# LAUGHTER RIOT



- I DON'T MAKE MISTAKES—I CREATE UNEXPECTED PLOT TWISTS.
- SLEEP IS MY FAVOURITE HOBBY, AND I AM VERY COMMITTED TO IT.
- I AM GREAT AT MULTITASKING—I CAN WASTE TIME IN FIVE DIFFERENT WAYS AT ONCE.
- I AM NOT LAZY; I AM JUST ON ENERGY SAVING MODE.
- I TOLD MY PHONE I NEEDED SPACE...NOW IT KEEPS SHOWING ME STORAGE WARNINGS.
- MY WALLET IS LIKE ONION—OPENING IT MAKES ME CRY.
- I HAVE LOT OF JOKES ABOUT UNEMPLOYED PEOPLE...BUT NONE OF THEM WORK.
- I CLEANED MY ROOM TODAY, NOW I CAN'T FIND ANYTHING.
- MY HANDWRITING IS SO UNIQUE, EVEN I NEED SUBTITLES.
- WHY DO I NEED A GPS? I GET LOST IN MY OWN THOUGHTS.
- COMMON SENSE IS LIKE DEODORANT—THE PEOPLE WHO NEED IT NEVER USE IT. I HAVE PHOTOGENIC MEMORY, BUT SOMETIMES THE CAMERA LENS IS COVERED.
- LIFE IS LIKE WIFI SIGNAL—YOU APPRECIATE IT MOST WHEN IT DISAPPEARS.
- TAKING NAPS SOUNDS SO CHILDISH; I PREFER TO CALL THEM HORIZONTAL LIFE PAUSES.
- MY ABILITY TO TURN GOOD NEWS INTO ANXIETY IS RIVALED ONLY BY MY ABILITY TO TURN ANXIETY INTO A NAP



Life is better with jokes



**October**

1st Yogesh Mandalia  
 1st Jayosmita (Mohor) Chatterjee  
 2nd Tushar Rahate  
 14th Revathi Sethuraman  
 21st Kavya Khedekar  
 24th Rekha Vijayakar  
 26th Anjum Shaikh

**November**

3rd Priya Mehta  
 3rd Chitra Thaker  
 9th Gauri Keny  
 12th Sagar Damle  
 15th Samrddhi Ratish  
 18th Sagarika Basu  
 24th Dhiya Patel  
 28th Nivedita Chatterjee  
 29th Arnika Sakpal

**December**

6th Reshma Rao  
 10th Swananda Bharadkar  
 14th Brinda Shankar  
 17th Manjula Parshram  
 19th Ashit Thakkar  
 20th Shilpa Jadhav  
 23rd Mini Pillai

**January**

18th Shreya Pal  
 24th Samarth Kumbhar  
 26th Bhavna Gandhi

**You 'Can' Contribute:**

Articles, Poems – original or sourced  
 Pictures/Sketches in Black & White only  
 To the Editorial Board  
**eMail:** [nrityanjali@nrityanjali.org.in](mailto:nrityanjali@nrityanjali.org.in)

# ठाणेवैभव

## महाराष्ट्राच्या गौरवशाली व्यक्तिमत्त्वांची गाथा रंगमंचावर

४ ऑक्टोबर रोजी मुंबईत, ९ ऑक्टोबर कल्याणमध्ये

**कल्याण :** महाराष्ट्रातील विविध क्षेत्रांतील महान व्यक्तिमत्त्वांचे योगदान, त्यांचे विचार आणि कार्याची प्रेरणा देणारे 'महाराष्ट्राची गौरव गाथा' हे नाट्य-नृत्य स्वरूपातील सादरीकरण पुन्हा एकदा प्रेक्षकांच्या भेटीला येत आहे. 1803 ते 2022 या कालखंडातील 31 महान व्यक्तिमत्त्वांच्या कार्याचा वेध या कलाकृतीत घेण्यात आला आहे.

तत्त्वज्ञान, राजकारण, शिक्षण, कला-संस्कृती आणि समाजसेवा अशा विविध क्षेत्रांत मोलाचे योगदान देणाऱ्या व्यक्तिमत्त्वांना या सादरीकरणातून आदरांजली वाहण्यात आली आहे. मराठी, हिंदी तसेच काही अंशी इंग्रजी भाषेचा वापर करण्यात आल्याने विविध

भाषिक पार्श्वभूमीच्या प्रेक्षकांनाही हे सादरीकरण समजण्यास सुलभ होणार आहे. महाराष्ट्राची अस्सल संस्कृती, परंपरा आणि विचारांचा बाज जपत साकारलेल्या या कलाकृतीतून प्रेक्षकांच्या मनात महाराष्ट्राविषयी अभिमान, देशभक्ती आणि सकारात्मक विचार निर्माण करण्याचा प्रयत्न करण्यात आला आहे.

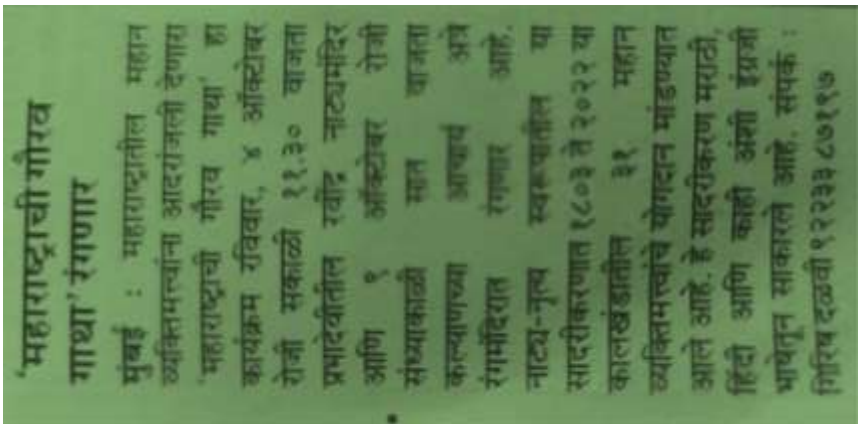
या कलाकृतीचा शुभारंभाचा प्रयोग 12 जून 2026 रोजी बालगंधर्व रंगमंदिर, वांदे येथे झाला. यावेळी कौशल इनामदार आणि ब्रिन्दा मिलर यांची प्रमुख व विशेष अतिथी म्हणून उपस्थिती होती. प्रेक्षकांच्या आग्रहास्तव हीच निर्मिती ऑक्टोबरमध्ये पुन्हा सादर केली

जाणार आहे. रविवार, 4 ऑक्टोबर रोजी सकाळी 11.30 वाजता रवींद्र नाट्यमंदिर, प्रभादेवी येथे तर शुक्रवार 9 ऑक्टोबर रोजी सायंकाळी 7.30 वाजता आचार्य प्रल्हाद केशव अत्रे रंगमंदिर, कल्याण येथे प्रयोग होणार आहे.

या कलाकृतीच्या संशोधन व सर्जनशील टीममध्ये डॉ. तुषार गुहा, गिरीश दळवी, निवेदिता दामले, संगीता सावंत आणि तन्मय सावंत यांचा समावेश आहे. नृत्यदिग्दर्शन डॉ. तुषार गुहा, डॉ. अनोत्रा गुहा, गिरीश दळवी, संगीता सावंत आणि बालकृष्ण सावंत यांनी केले असून संगीत संयोजन व ध्वनिमुद्रणाची जबाबदारी तुषार सावंत यांनी सांभाळली आहे.

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